

Applied Professional Development Eating Disorders Training for School Professionals



An estimated 1.25 million people in the UK have an eating disorder. These serious mental illnesses devastate both the lives of those suffering and those supporting them. The sooner someone receives support for an eating disorder the better their chance of a full, sustained recovery.

Beat, the UK's eating disorder charity, have been funded by St James's Place Charitable Foundation and Sovereign Health Care to deliver 20 free training days across Yorkshire this year to equip school professionals with the skills needed to intervene early, and best support pupils.

For more information and to book your place contact:
training@beateatingdisorders.org.uk

It is estimated that **20%** of young people within secondary schools will exhibit some signs of an eating disorder. By attending our free training session, delivered by one of our expert clinical trainers, you will be able to spot the signs in your students and learn how to support them effectively as well as gain access to our exclusive professional support services.

What will I learn?

- An **awareness** of the three major eating disorders and the impact they can have on day to day life
- An **understanding** of the risk factors associated with eating disorders and the ability to spot the early signs
- How to best **support** pupils who might be affected by eating disorders and make an effective **referral**
- Awareness of **services** available, including local eating disorders services and Beat's services

Training day dates in Bradford

Thursday 22nd November 2018 09:30-16:30

Thornbury Centre
79 Leeds Old Road
Bradford
BD3 8JX

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